



New York Conference Women's Ministries

Two women met for tea...

Helping the Hurting

Ministering to People in Pain

Women are not the only people who experience pain of course! Men, children, brothers, sisters, aunts, uncles, grandparents, pastors, leaders...from the moment of birth all humans experience pain.

Jesus spent his time on earth ministering to people in pain. He didn't care what they looked like, whether the social norms of the day were being followed, what job description they had, how wealthy or poor, sick or healthy... he even ministered to the people who were oppressing the Jews at the time: the Romans. He viewed each person encountered as a beloved child of Abba. We are called to do no less than Jesus did aren't we?

While there are many areas of pain, below are a few ideas and resources to start you on the journey of walking with and ministering to the hurting people God puts on your path.

For all issues: communication and support is so vital. It is normal for people to shy away from starting conversations about difficult topics. People in pain require the same...no, even more...care that 'healthy' people require! Love, hugs (where appropriate), listening ear, sympathy, hope, restoration, and above all, prayer. What they don't require is: judgment, shunning, isolation.

Not sure how to approach a hurting person? Study up on the techniques Jesus used and you will be heading in the right direction! Just be sure that all you do is from the perspective of Abba's love.

If you can only get one resource, make it this one!

The Art of Helping: What to Say and Do When Someone is Hurting Lauren Briggs

Divorce

The Fresh Start Divorce Recovery Workbook Bob Burns

Divorce Care: Hope, Help, and Healing During and After Divorce Steve Grissom

Depression/Mental Health

Talking to Depression: Simple ways to connect when someone in your life is depressed Claudia Strauss

How You Can Survive When They're Depressed: Living and Coping with Depression Fallout Anne Sheffield

Single Parent

The Hidden Mission Field: Caring for Single Parent Families in the 21st Century Theresa McKenna

Grieving

35 Ways to Help a Grieving Child Dougy Center Staff

A Journey Through Grief Alla Bozarth

How to Help a Grieving Friend: A Candid Guide for Those Who Care Stephanie Whitson

Grieving Dads: To the Brink and Back Kelly Farley

Healing a Friend's Grieving Heart: 100 Practical Ideas Alad Wolfelt

Chronic or Terminal Illness

Cancer in Our Family: Helping Children Cope with a Parent's Illness Sue Heiney

Help Me Live: 20 Things People with Cancer Want You to Know Lori Hope

I Don't Know What to Say...How to Help and Support Someone Who is Dying Robert Buckman

May I Walk You Home? Courage and Comfort for Caregivers of the Very Ill Joyce Hutchison

Beyond Casseroles: 505 Ways to Encourage a Chronically Ill Friend Lisa Copen

Young People and Chronic Illness Kelly Huegel

*He heals those whose hearts are broken,
and binds up their wounds. Ps. 147:3*

*You are in our prayers as you minister to
people in pain.*

Blessings,

Teen/Young Adult Issues


Lynee & Tina



A Ministry for Every Woman